

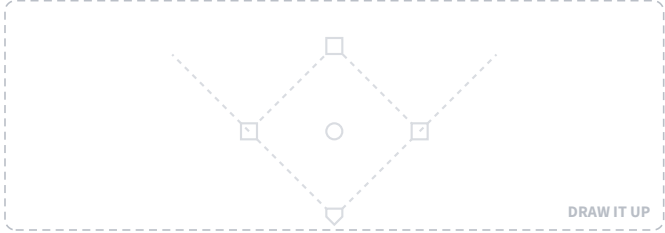


TEAM	DATE	START TO END	TODAY'S FOCUS	COACHES
_____	_____	_____	_____	_____

WARMUP

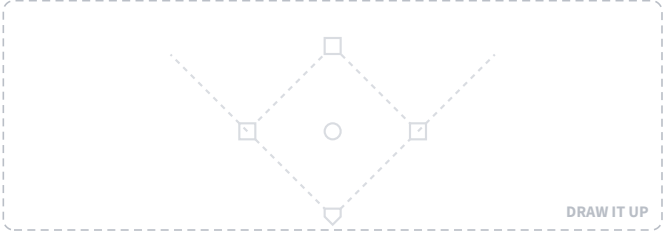
TIME _____

PLAN _____

1	DRILL	TIME	MIN		
	_____	_____	_____		
	SKILL	OPENER	SKILL BLOCK	CLOSER	GAME
	_____	_____	_____	_____	_____
					
SETUP					

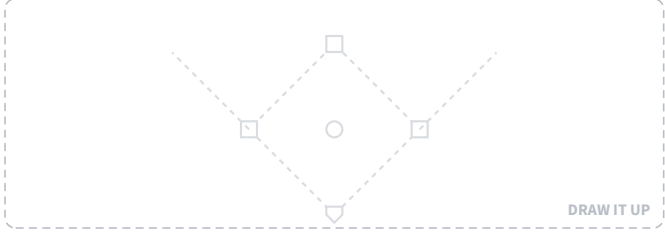
HOW IT RUNS					

COACHING CUES					

2	DRILL	TIME	MIN		
	_____	_____	_____		
	SKILL	OPENER	SKILL BLOCK	CLOSER	GAME
	_____	_____	_____	_____	_____
					
SETUP					

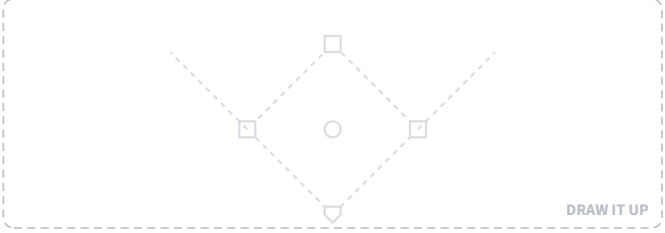
HOW IT RUNS					

COACHING CUES					

3	DRILL	TIME	MIN		
	_____	_____	_____		
	SKILL	OPENER	SKILL BLOCK	CLOSER	GAME
	_____	_____	_____	_____	_____
					
SETUP					

HOW IT RUNS					

COACHING CUES					

4	DRILL	TIME	MIN		
	_____	_____	_____		
	SKILL	OPENER	SKILL BLOCK	CLOSER	GAME
	_____	_____	_____	_____	_____
					
SETUP					

HOW IT RUNS					

COACHING CUES					

TEAM HUDDLE

TIME _____

PLAN _____



COACHES

PLAN

GAME

DRAW IT UP

SETUP

HOW IT RUNS

COACHING CUES

GAME

• **DRAW IT UP**

SETUP

HOW IT RUNS

COACHING CUES

GAME

DRAW-IT UP

SETUP

HOW IT RUNS

COACHING CUES

GAME

• **DRAW IT UP**

SETUP

HOW IT RUNS

COACHING CUES

PLAN